

# BEREAVEMENT WEBSITES & CAMPS

## Websites

### Courageous Parents Network

Created by parents, for parents of seriously ill children and the providers who care for them. Courageous Parents Network is a nonprofit, 501(c)(3) organization that offers a free web based platform accessible anytime from anywhere. It has videos, blogs, and guides to help families from the point of diagnosis through bereavement produced jointly with family and professional input.

### Bereaved Parents of the USA

A non-profit self-help support group founded by bereaved parents. They have local chapters, an annual conference, and sibling support.

### The Compassionate Friends

A non-profit organization, existing for 50+ years, offering support to every family experiencing the death of a son or daughter, a brother or sister, or a grandchild. There are local chapters and online resources including books on all types of grief and loss.

### Center for Loss and Life Transition

An organization led by Dr. Alan Wolfelt, dedicated to helping people who are grieving all kinds of loss and those who care for them. There are resources, educational trainings, and an online bookstore.

### Healing Hearts for Bereaved Parents

A self-help non-profit organization of bereaved parents dedicated to supporting and serving other bereaved parents and their families whose child(ren) have died no matter the age, cause, or circumstance.

### The Dougy Center for Grieving Families and Children

An organization that is a model for providing peer support groups in a safe place where children, teens, young adults, and their families can share their experiences of grief. They also provide educational materials about children and grief to be used by schools and the greater community.

### Centering Corporation

A non-profit organization dedicated to providing education and resources for the bereaved. They have an extensive listing of print resources covering all kinds of grief.

### Grief Watch

A website that provides bereavement resources and memorial products. Grief Watch is the publisher of the storybook about grief and loss, *Tear Soup*.

### GriefNet

An internet community of persons dealing with grief, death, trauma, and major loss. This resource provides an online grief support group for adults that works through loss and grief issues of many kinds.

### MISS Foundation

A resource for requesting information about free facilitated support groups or counseling for bereaved parents. You can also find out how to be matched with a HOPE Mentor, access family packet information, and discover other resources.

### National Alliance for Grieving Children

A nonprofit professional member organization that specifically addresses childhood bereavement and offers continuing education, peer networking, an annual symposium on children's grief, and a national database of children's bereavement support programs.

### Web Healing

A website created by Tom Golden LCSW, author of *Swallowed by a Snake* and *The Way Men Heal*. There are educational videos and blogs by Tom as well as an honor page.

### National Suicide Prevention Lifeline (1-800-273-8255)

The lifeline provides 24/7, free, and confidential support for people in distress, prevention and crisis resources for you and your loved ones, and best practices for professionals.

## **Sibling Support**

### The B.L.A.I.R Connection

The mission of this website is to give siblings a place to connect with others and find additional support as they experience the challenges of having a terminally ill brother or sister.

## **Camps**

### Camp Erin

Camp Erin is a weekend camp for children and teens ages 6-17 that combines traditional camp activities with grief education and emotional support. This camp is free of charge for all families and led by grief professionals and trained volunteers.

### Camp Good Grief

Camp Good Grief is a 3-day camp experience for children and teens aged 10-16 years old who have had a sibling or parent die. It provides a place and space for children and teens to come together.

### Camp Hope

Camp Hope is a free weekend camp for children who have experienced the loss of a loved one. They provide a safe environment for grieving kids and teens aged 6-17 years old.

### Camp Sunshine

Camp Sunshine is a nonprofit providing free sessions for families affected by life-threatening childhood illness. Located on Maine's Sebago Lake, Camp Sunshine's mission is to provide respite and support to each family member - children, siblings, and parents. It offers a bereaved session as well. This Camp welcomes families in the US and from other countries.

### Comfort Zone Camp

Comfort Zone Camp is a nonprofit bereavement organization for children who have experienced the death of a parent, sibling, or primary caregiver. Programs are free of charge and offered to children ages 7-17 years old and their families. There are also young adult programs for 18-25 year olds.