

# COURAGEOUS PARENTS NETWORK

Supporting families of seriously ill children

# Shining light on the dark and difficult places

Courageous Parents Network (CPN) is a free, online/mobile destination to share with families of children living with serious illness. The Network's goal is to compassionately address isolation and anxiety, and to promote family resiliency and confident, informed decision-making. CPN offers:

#### **CONNECTION** with families facing similar challenges

- Videos and podcasts of families—parents, siblings, grandparents—sharing their experiences
- Blog written by parents, for parents
- Social media community
- Private, online discussion forum

#### **GUIDANCE** that meets families where they are

- Perspectives from providers on the questions families commonly ask
- Practical content and tools created, selected and adapted especially for the Network

#### ACCESS at the family's own pace

- Open 24/7, to provide consistent support and connection outside medical settings
- Content presented in a non-prescriptive format, so that parents can enter at any point in their process

"These videos are like voices in the darkness for parents of seriously ill children."

RICK GOLDSTEIN, MD BOSTON CHILDREN'S HOSPITAL, MA

### SUPPORTING PROVIDERS: Complementing your service with carefully vetted insights and tools

- Content for families overseen by pediatric palliative care doctors, social workers, directors of family care programs, a professor of theology, and a psychologist specializing in anticipatory grief and therapy for children with serious illness and their families
- Training and educational materials, to be used in hospitals and other settings, by professional staff and/or CPN presenters



## A B O U T COURAGEOUS PARENTS NETWORK

Courageous Parents Network is a nonprofit, 501(c)(3) organization founded by Blyth Taylor Lord, advocate for families and promoter of pediatric palliative care. An accomplished television producer, she created "Cameron's Arc," the award-winning film with the American Academy of Pediatrics that inspired the creation of the parent and family videos that are the heart of CPN.

A growing number of parents and providers work with Blyth, contributing to the Network and continuously evolving its value to families and providers.

For more information visit:

Courageous Parents Network.org









#### **CourageousParentsNetwork.org Topics**

We constantly add videos and topics as we learn from our network.

#### A New Diagnosis

Control • Coping • Finding Support • Religion and Spirituality • Timeline • The Beginning • The Hospital • Working with the Medical Team • Goals of Care

#### Caring for the Self and Family

Making Memories • Other Children/Siblings • Self Care • The Marriage

#### **Decision Making**

Decision Making and Palliative Care • Fear of Regrets • Medical Interventions

#### Anticipating End of Life

Anticipatory Bereavement • Questions and Arrangements • Imagining the Future • Talking to Your Child about Their Wishes • Transitioning: Home, Hospital, Hospice; When the Time Comes

#### Bereavement and Legacy

Bereavement • Identity as a Parent • My Child's Legacy • Transformation and Meaning-Making

