



## Offering insights and support from the parent perspective.

Courageous Parents Network supports parents of children living with serious illness with the tools and virtual support they need to cope and adapt during their child's illness journey.

### **FIND** guidance that meets you where you are with insights you seek

- Online videos of other parents sharing their experiences. Hear what families have to say about a wide range of issues parents face. Each topic features short interviews with fellow parents and several specialists.

Topics include: the beginning, working with the medical team, marriage, other children, self-care, decision-making, spirituality and religion, anticipatory grief and many more.

- A framework for decision-making.
- A blog written by a variety of parents.

### **EXPLORE** topics at your own pace

Content is delivered online, so you can access it however, whenever, and wherever you wish: at home, in the hospital, in the car, in the middle of the night.

### **CONNECT** with families facing similar challenges

Follow us on Facebook. Ask a question. Share your story. Contribute to the blog.

### What parents have to say about Courageous Parents Network...

*"In experiencing our daughter's recent decline I have been craving connection with families of similar circumstance. This site in its entirety has offered that."*

*"This website normalizes and validates my feelings and thoughts and helps me to not feel alone."*

*"The videos are very beneficial to help other parents like me see and hear many of the same questions, concerns and emotions they face on a daily basis."*



## COURAGEOUS PARENTS NETWORK

Empowering parents caring for children with serious illness

[courageousparentsnetwork.org](http://courageousparentsnetwork.org)